



NORTH DAKOTA DEPARTMENT OF **PUBLIC INSTRUCTION**

Child Nutrition & Food Distribution Programs



2015 ANNUAL REPORT

<https://www.nd.gov/dpi/schoolstaff/childnutritionfooddistribution/>

CNFD Mission Statement

*To promote relationships and enhance partnerships that
provide quality nutrition education and nutrition services
for the people of North Dakota.*



A Message from the Superintendent of Public Instruction

The Child Nutrition and Food Distribution Programs (CNFD) unit of DPI administers eleven US Department of Agriculture (USDA) programs for the state of North Dakota. These programs provide nutritious foods to schools, childcare facilities and low-income households through community action agencies and food assistance programs on Indian reservations.

The 2015 Annual Report for CNFD presents participation and funding details that illustrate the important contributions these programs administer. Eating habits have a direct effect on health; and quality nutrition practices contribute to student academic success as well as personal health and wellness. These programs provide a healthy school and childcare environment, which assists children in developing life-long healthy behaviors.

Thousands of North Dakotans currently benefit from the nutrition programs administered through health and wellness activities. We are committed to continuing our leadership efforts to improve the quality of life for all citizens.

Sincerely,

A handwritten signature in black ink that reads "Kirsten Baesler". The script is fluid and cursive.

Kirsten Baesler
State Superintendent

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Acronyms

CACFP - Child and Adult Care Food Program	NSLP - National School Lunch Program
CNFD - Child Nutrition and Food Distribution	SBP - School Breakfast Program
CSFP - Commodity Supplemental Food Program	SFSP - Summer Food Service Program
FDPIR - Food Distribution Program on Indian Reservations	SMP - Special Milk Program
FFVP - Fresh Fruit and Vegetable Program	TEFAP - The Emergency Food Assistance Program
	UDSA - United States Department of Agriculture

The Department of Public Instruction does not discriminate on the basis of race, color, religion, sex, national origin, disability, age, sex (wages) or genetics in its programs and activities.

For inquiries regarding nondiscrimination policies, please contact:

***Robert Marthaller, Assistant Superintendent,
Department of Public Instruction, 600 East Boulevard Avenue, Dept. 201,
Bismarck, ND 58505-0440, 701-328-2267***

CHILD NUTRITION AND USDA FOODS DISTRIBUTION PROGRAMS IN NORTH DAKOTA

The North Dakota Department of Public Instruction, in accordance with the Food and Nutrition Service of the United States Department of Agriculture (USDA), administers child nutrition and food distribution programs. A partnership of federal, state, and local agencies provides nutrition services and food assistance to students, young children, and adults.

Agencies that participate in the USDA Programs include:

- 🍏 Public and Private schools
- 🍏 Child care centers and homes
- 🍏 Private, non-profit agencies
- 🍏 Residential facilities
- 🍏 Local food assistance programs
- 🍏 Indian reservations

The focus of the Child Nutrition and Food Distribution (CNFD) office is to foster positive partnerships with local program staff and provide excellent customer service.

Staff

Linda Schloer	Director, Child Nutrition & Food Distribution	lkschloer@nd.gov
Deb Egeland	Assistant Director, Child Nutrition Programs	degeland@nd.gov
Melissa Anderson	Manager, Food Distribution Programs	mdanderson@nd.gov
Kaye Knudson	Manager, School Nutrition Programs	ksknudson@nd.gov
Stacie Morowski	Manager, CACFP	smorowski@nd.gov
Scott Egge	Administrative Staff Officer II	segge@nd.gov
Tara Koster	Food Distribution Specialist	tkoster@nd.gov
Ann Chase	Grant Manager	agchase@nd.gov
Michele Burian	Child Nutrition Specialist	mlburian@nd.gov
Lesli Murch	Child Nutrition Specialist	lmurch@nd.gov
Stephanie Miller	Child Nutrition Specialist	snmiller@nd.gov
Joe Oster	Child Nutrition Specialist	jjoster@nd.gov
Lynell Thueson	Administrative Assistant II	lthueson@nd.gov

CUSTOMERS AND PROGRAMS

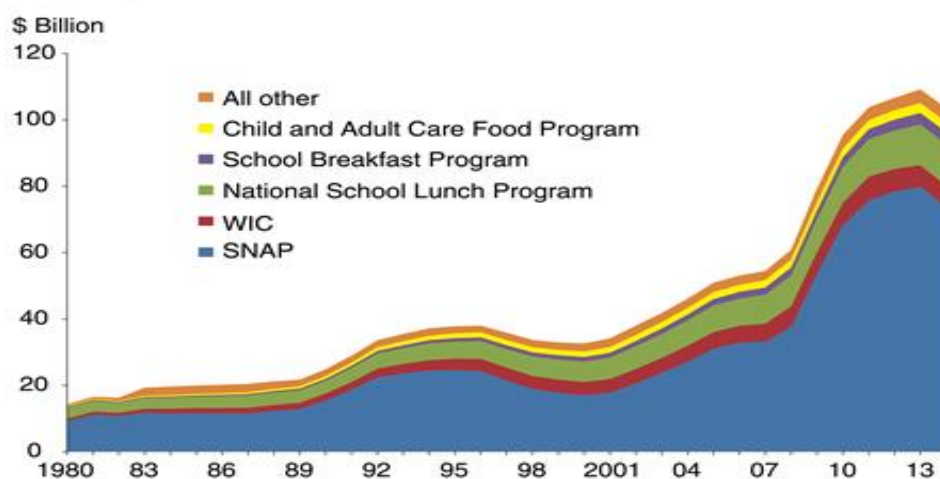
The delivery of quality service to our customers is essential. Thousands of North Dakotans benefit from nutrition and education services through the USDA programs administered by this office. Major customer groups include:

- 🍏 Students
- 🍏 Infants and young children
- 🍏 Households
- 🍏 Nutrition professionals
- 🍏 School and program administrators

The USDA programs and initiatives administered by the CNFD include:

- 🍏 National School Lunch Program (NSLP)
- 🍏 School Breakfast Program (SBP)
- 🍏 Special Milk Program (SMP)
- 🍏 Afterschool Snacks Program (AS)
- 🍏 Fresh Fruit and Vegetable Program (FFVP)
- 🍏 Summer Food Service Program (SFSP)
- 🍏 Child and Adult Care Food Program (CACFP)
- 🍏 Food Distribution to Indian Reservations Program (FDPIR)
- 🍏 The Emergency Food Assistance Program (TEFAP)
- 🍏 Commodity Supplement Foods Program (CSFP)
- 🍏 USDA Foods for Schools (SCH)
- 🍏 Team Nutrition (TN)

USDA expenditures for food and nutrition assistance, FY 1980-2014



Source: USDA, Economic Research Service using data from USDA, Food and Nutrition Service.

STUDENTS

Nutrition plays an important role in a child's readiness to learn, social behavior, and physical performance. The National School Lunch Program offers parents a convenient way to provide a nutritious lunch for their children at the lowest possible price. Studies show that proper nutrition improves a child's behavior, school performance, and overall cognitive development.

The School Breakfast Program helps ensure that children have the energy needed to start the school day. Many children are not ready to eat breakfast when they first wake up. Other children may have long commutes to school or long periods between breakfast at home and school lunch, making breakfast at school an important option. Research shows that children who have school breakfast eat more fruits, drink more milk, and consume a wider variety of foods than those who don't eat breakfast or have breakfast at home.

Afterschool snacks, served in conjunction with supervised education or enrichment activities after school, satisfy students' afternoon hunger with nutritious foods. Healthy snacks help children learn the importance of good nutrition all day and contribute to lifelong healthy eating patterns.

School nutrition programs provide a measure of food security for students whose homes have inadequate food supplies. Students meeting income eligibility guidelines may participate in the nutrition programs for free or at a reduced price.

Our office is committed to continually improving children's access to nutrition programs. Students in K-12 public and private schools, and those in residential facilities, are served by these programs:

- 🍏 National School Lunch
- 🍏 School Breakfast
- 🍏 Special Milk
- 🍏 Afterschool Snacks
- 🍏 Summer Food Service



SCHOOL NUTRITION PROGRAMS

Number of Participating Sites

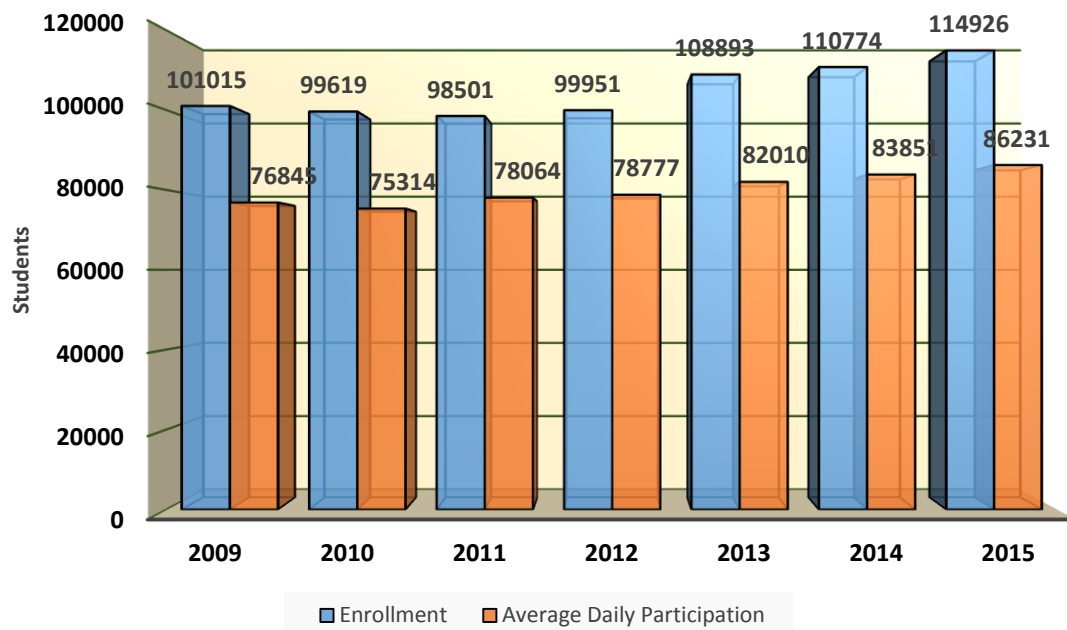
Local Agency Type	NSLP	SBP	SMP	Afterschool Snack
Public School Site	361	327	14	87
Private	30	16	0	2
Residential Child Care	17	18	0	10
Summer Camp	0	0	11	0
TOTAL	408	361	25	99

Student Participation

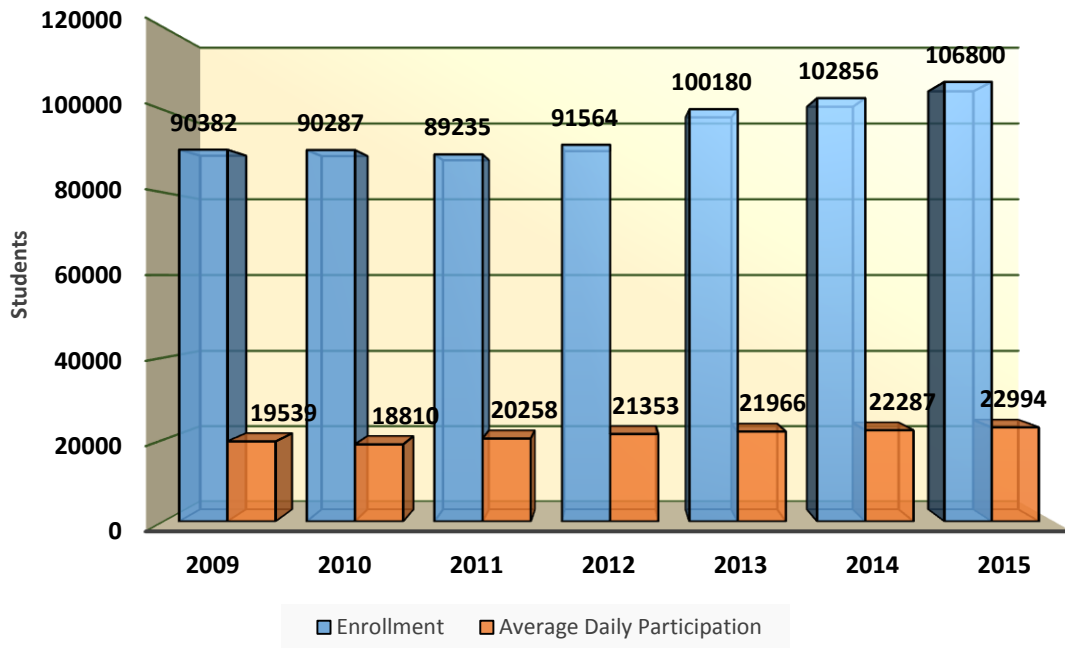
	NSLP	SBP	Afterschool Snack
Enrollment	114926	106800	11798
Average Daily Participation	86232	22994	3918
Participation Factor	75.0%	21.5%	33.2%

Average Daily Participation

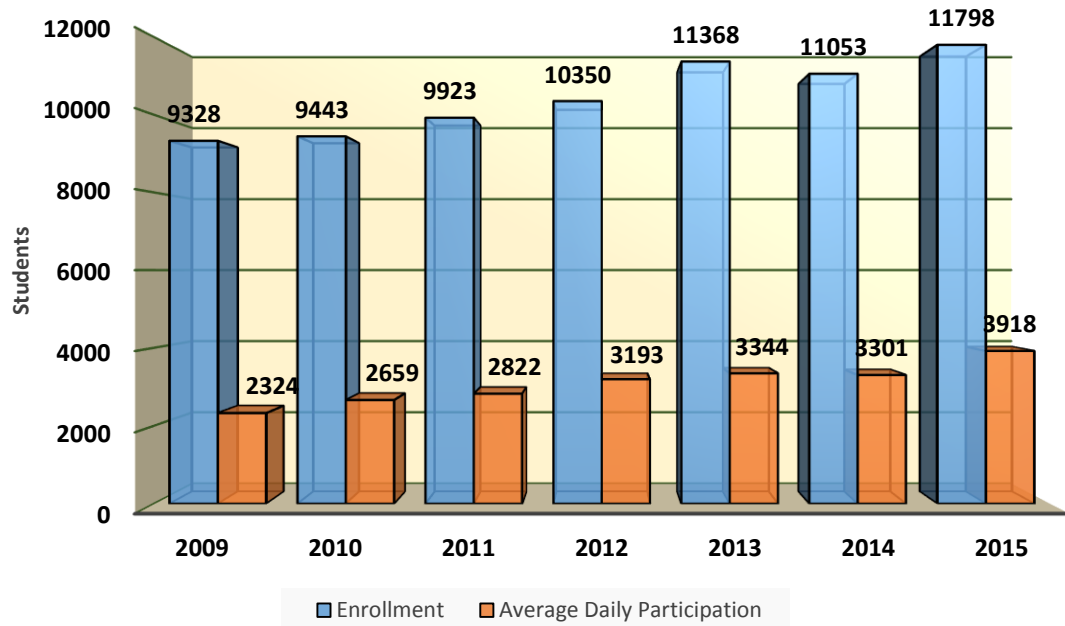
National School Lunch Program



School Breakfast Program



After School Snack Program



NSLP Program 2014-2015

Breakfast

	Meals Served	% Meals Served	Eligibility	% Eligibility
Paid	1,574,464	38.7%	70,633	66.1%
Free	2,193,783	54.0%	29,293	27.4%
Reduced	295,376	7.3%	6,874	6.4%
TOTAL	4,063,623	100%	106,800	100%

Reimbursement \$4,907,464

Lunch

	Meals Served	% Meals Served	Eligibility	% Eligibility
Paid	9,464,153	64.4%	76,813	66.8%
Free	4,283,392	29.1%	30,859	26.9%
Reduced	953,352	6.5%	7,254	6.3%
TOTAL	14,700,897	100%	114,926	100%

Reimbursement \$18,884,745

Snack

	Snacks Served	% Snacks Served	Eligibility	% Eligibility
Paid	270,301	43.8%	6853	58.1%
Free	320,585	52.0%	4396	37.2%
Reduced	26,247	4.2%	549	4.7%
TOTAL	617,133	100%	11,798	100%

Reimbursement \$292,886

School Special Milk

Paid	38,660	97.4%
Free	1,024	2.6%
Reduced	0	0%
TOTAL	39,684	100%

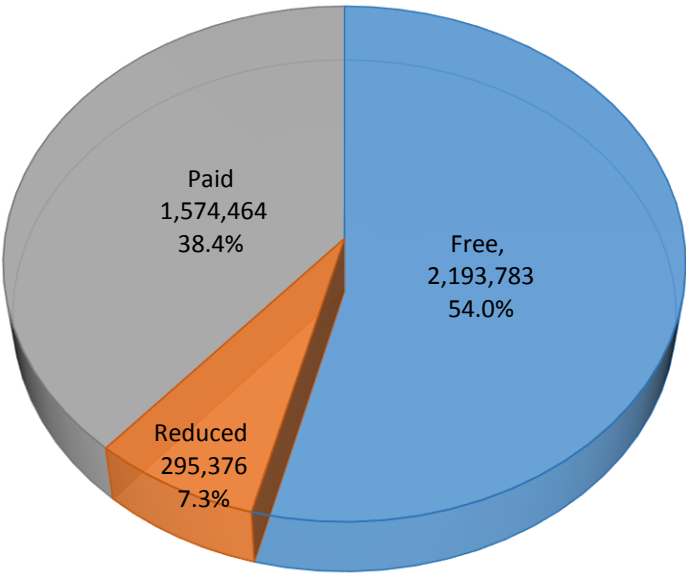
Reimbursement \$9,192.16

Summer Camp Milk

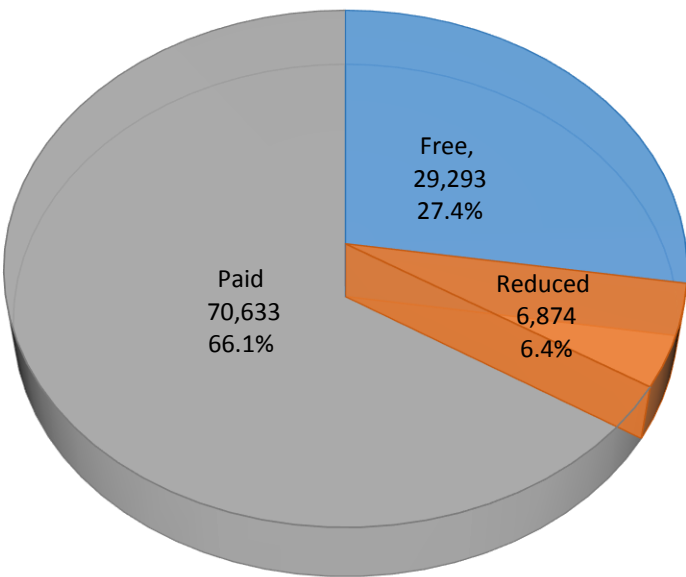
Paid	69,958	100%
Free	0	0%
Reduced	N/A	N/A
TOTAL	69,958	100%

Reimbursement \$15,134.48

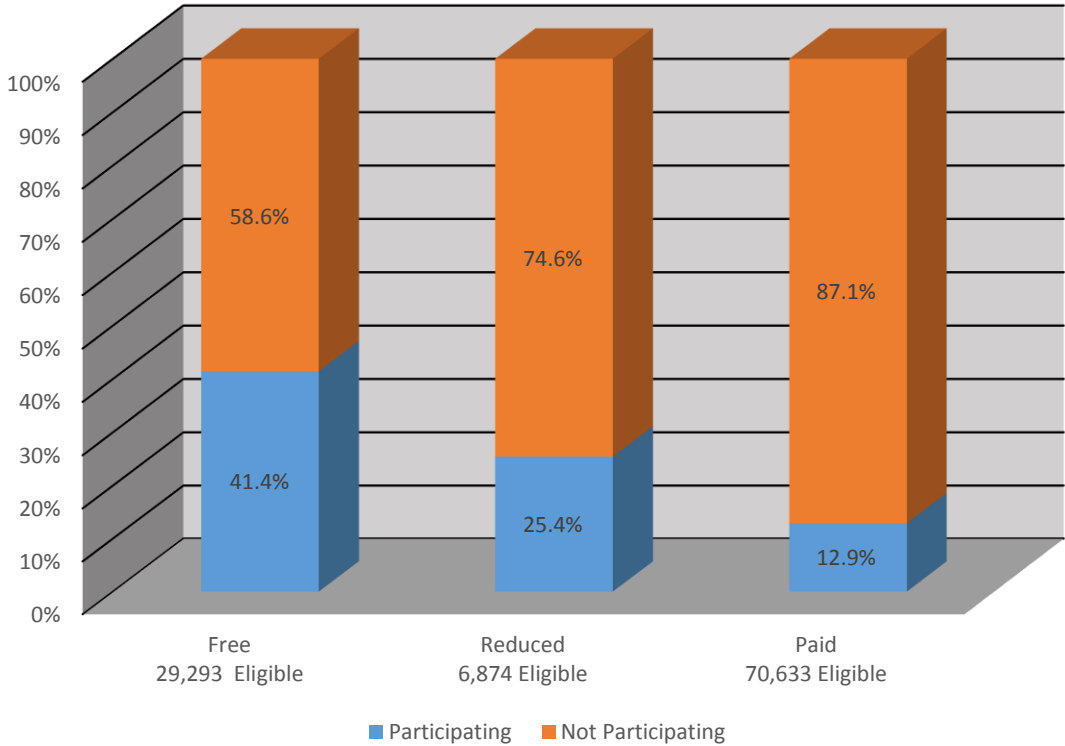
School Breakfast Program - Meals Served



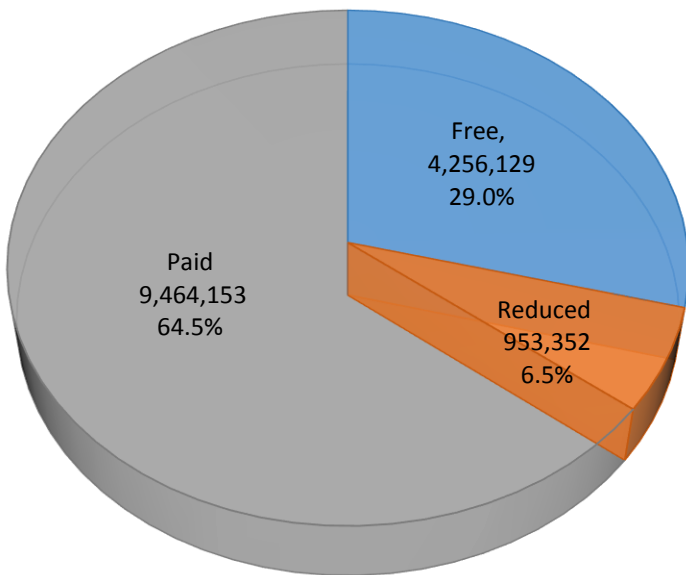
School Breakfast Program - Eligibility



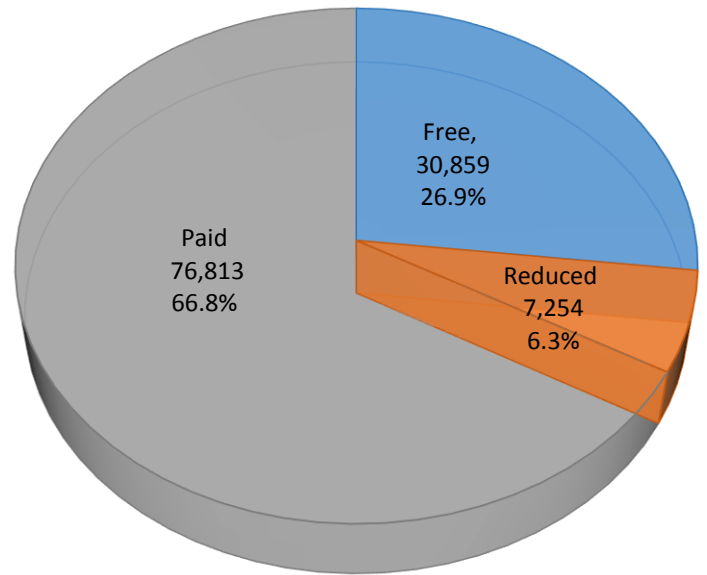
School Breakfast Program - ND Participation of Eligible Students



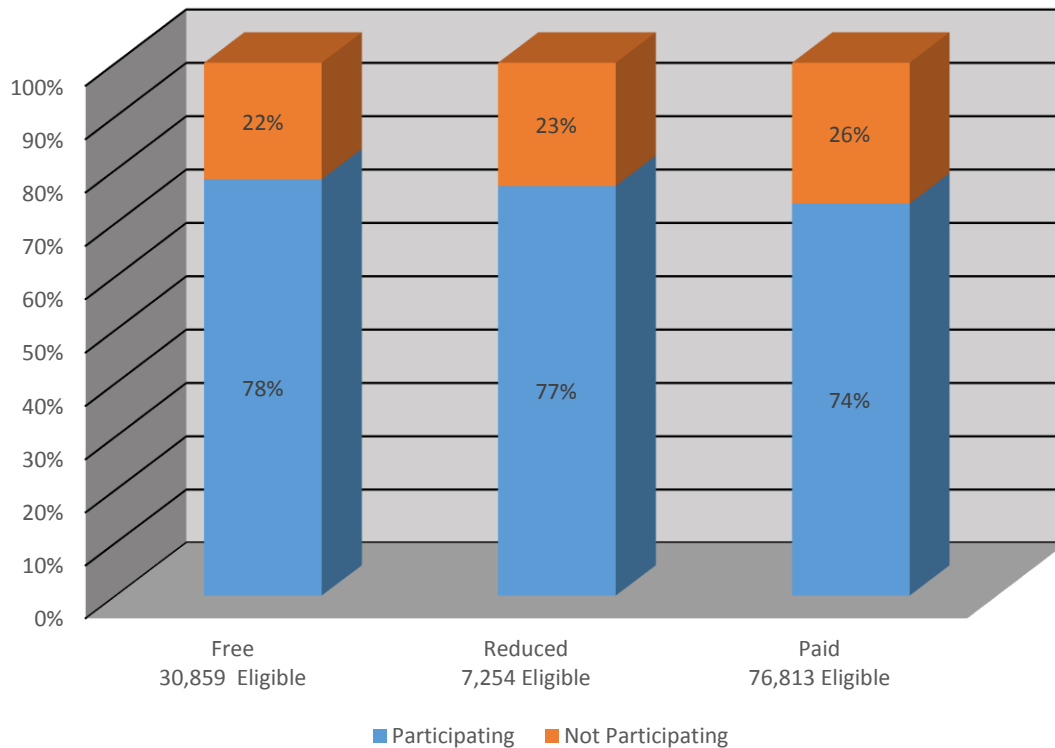
School Lunch Program - Meals Served



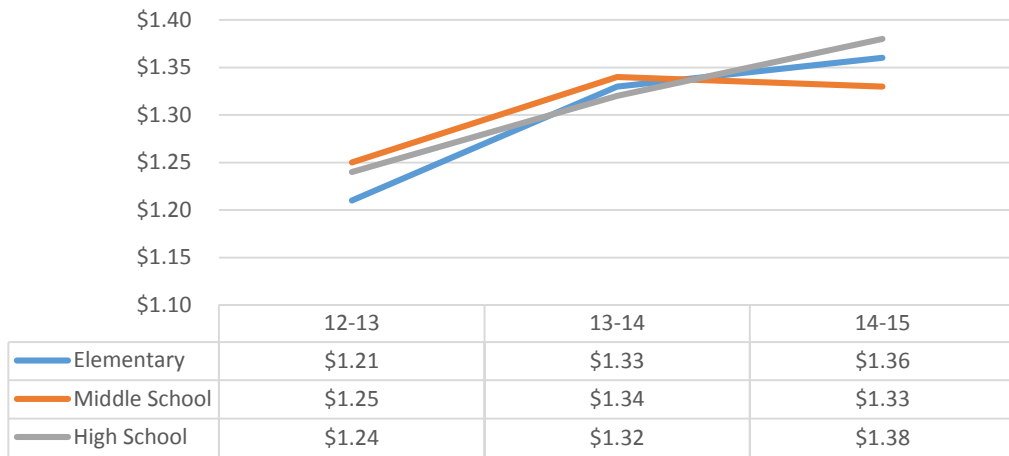
School Lunch Program - Eligibility



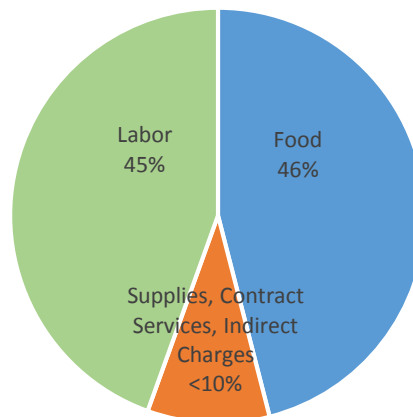
School Lunch Program - ND Participation of Eligible Students



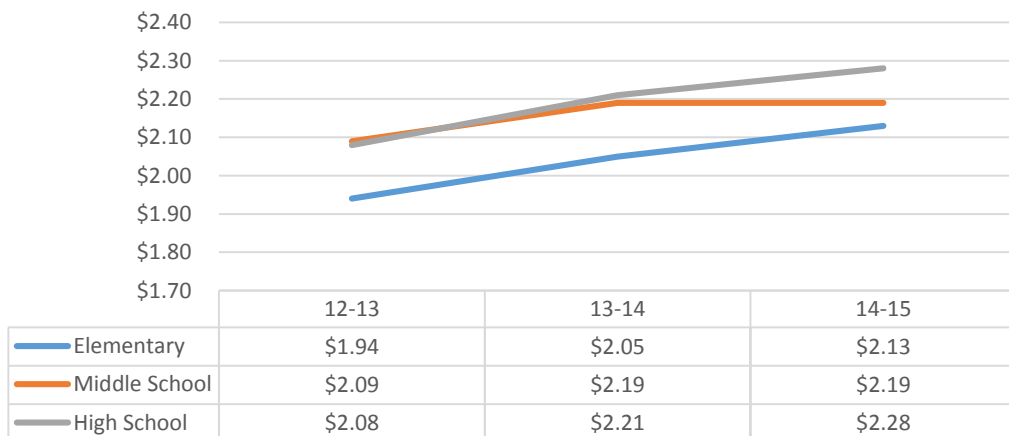
ND Average Price of Paid Breakfast by Grade Category



Average School Foodservice Expense Breakdown



ND Average Price of Paid Lunch by Grade Category



State Level Funding To Support School Nutrition

The Department of Public Instruction receives federal administrative funding for state level activities in the NSLP, CACFP, SMP and USDA Foods Distribution for schools. The state is also required to match the federal reimbursement with state general funds.

STATE ADMINISTRATIVE EXPENSE (SAE)

	2010	2011	2012	2013	2014	2015
Federal SAE Funds expended	\$648,544	\$648,367	\$669,7000	\$732,919	\$737,233	\$750,854
State funds for administration	\$72,591	\$85,895	\$72,556	\$72,591	\$72,791	\$72,791
State funds for meals	\$598,906	\$636,906	\$642,364	\$690,186	\$690,000	\$690,000
Federal SAE (Special Projects)	\$0	\$0	\$99,014	\$91,868	\$250,000	\$377,518

Nutrition Quality in School Meals

North Dakota students benefit from high quality meals prepared by dedicated school foodservice professionals. Federal regulations require that reimbursable meals adhere to the *Dietary Guidelines for Americans* and provide adequate protein, vitamins, minerals, and calories. The *2010 Dietary Guidelines for Americans* recommend eating more fiber from foods like fresh fruits and vegetables, whole grains, and legumes. School nutrition programs have begun implementing changes to meals and serving lines in order to offer more fiber. Many schools are offering salad bars with fresh fruits and vegetables every day. Fruits and vegetables have also been moved to the front of the serving lines. This practice encourages students to take more fruits and vegetables before their trays are full of other items.

Schools are required to offer whole grain foods including brown rice, whole grain tortillas, whole grain pancakes, and whole grain pasta. Many schools are incorporating whole wheat flour and oats into their baked goods. Schools are also offering legumes once a week.

In response to the obesity epidemic, the *2010 Dietary Guidelines* also recommended offering food in age-appropriate serving sizes. Schools that previously offered seconds and thirds on the main entrée and milk are now encouraging students to take more fruits and vegetables instead. This practice will help increase the fiber in the menus and decrease fat and saturated fat.



New Meal Pattern: Implemented SY 13-14

The Healthy Hunger-Free Kids Act of 2010 included a requirement for USDA to revise the school meal patterns to align with the Dietary Guidelines for Americans. Effective July 1, 2012, the New Meal Pattern, (NMP) requires the following:

- 🍏 Schools must serve larger portions of fruits and vegetables, and
- 🍏 Offer five different vegetable subgroups each week. The vegetable subgroups are dark green, orange/red, starchy, legumes and other.
- 🍏 All students are required to take a half cup of fruit **or** vegetable at breakfast and lunch.
- 🍏 All bread/grain items offered must be whole grain rich at breakfast, lunch and after school snacks. Schools can request a pasta waiver to serve white pasta, 99 districts have a pasta waiver.
- 🍏 Milk must be 1% or skim or flavored skim.
- 🍏 Program compliance is monitored every three years.

Nutrients Monitored for Compliance in New Meal Pattern.

Calories at Breakfast

K-5	350-500
6-8	400-550
9-12	450-600

Calories at Lunch

K-5	550-650
6-8	600-700
9-12	750-850

Sodium Targets at Breakfast

K-5	540 mg
6-8	600 mg
9-12	640 mg

Sodium Targets at Lunch

K-5	1230 mg
6-8	1360 mg
9-12	1420 mg

Saturated Fat < 10%

Trans Fats = 0%

Healthy School Meal Comparison

Item	2010	2015
Cheese Pizza	310 kcals 629 mg sodium 4.5 g sat fat	280 kcals 560 mg sodium 3.8 g sat fat
Shredded Beef Sandwich	317 kcals 1481 mg sodium 1.37 g sat fat	245 kcals 890 mg sodium 0.5 g sat fat
Cheesy Bread	320 kcals 610 mg sodium 7 g sat fat	290 kcals 530 mg sodium 5 g sat fat
Chocolate Skim Milk	160 kcals 210 mg sodium 28 g sugar	120 kcals 180 mg sodium 18 g sugar





HEALTHIER US SCHOOL CHALLENGE, (HUSSC)

The Healthier US School Challenge (HUSSC) was established by USDA to recognize schools with exemplary nutrition programs that promote nutrition education and physical activity. Four levels of superior performance are awarded: Bronze, Silver, Gold and Gold of Distinction. Forty-two North Dakota schools have received the prestigious HUSSC award:

Bronze

- 🏆 Lidgerwood Public Schools
- 🏆 Richland Public Schools
 - Elementary
 - Junior/Senior High
- 🏆 Medina Elementary
- 🏆 Emerado Public School
- 🏆 Jamestown Public Schools
 - Lincoln Elementary
 - Louis L' Amour Elementary
 - Roosevelt Elementary
 - Washington Elementary
- 🏆 West Fargo School District
 - Cheney Middle School

Silver

- 🏆 Hettinger Public Schools
- 🏆 Adams-Edmore Public Schools
 - Elementary School
 - Senior High School
- 🏆 Valley City Public Schools
 - Jefferson Elementary
 - Washington Elementary
- 🏆 Elgin Public School
- 🏆 Oakes Elementary School
- 🏆 Valley-Edinburg
 - K-4 Elementary School

Gold

- 🏆 Wahpeton Indian School
 - Circle of Nations
- 🏆 Grand Forks Public
 - Elroy Schroeder Middle School
 - Nathan Twinning Elementary/Middle Sch.
 - South Middle School
 - Valley Middle School
- 🏆 Milnor Public School

Gold of Distinction

- 🏆 Burlington-Des Lac Elementary
- 🏆 Golva Elementary
- 🏆 Nече Elementary
- 🏆 ND Youth Correctional Center
- 🏆 Grand Forks Elementary Schools
 - Ben Franklin
 - Carl Ben Eielson
 - Century
 - Kelly
 - Lake Agassiz
 - Lewis & Clark
 - Phoenix
 - Viking
 - West
 - Wilder
 - Winship
- 🏆 Carrington Public School
- 🏆 Elgin-New Leipzig
- 🏆 Midway Public School

FRESH FRUIT AND VEGETABLE PROGRAM

The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted program providing free fresh fruits and vegetables to students in participating elementary schools during the school day.

The FFVP began in 2004 and is administered at the state level by the Child Nutrition & Food Distribution programs-the same agency that administers the National School Lunch Program. Legislation in 2008 expanded the program to schools not previously authorized to participate in the program.

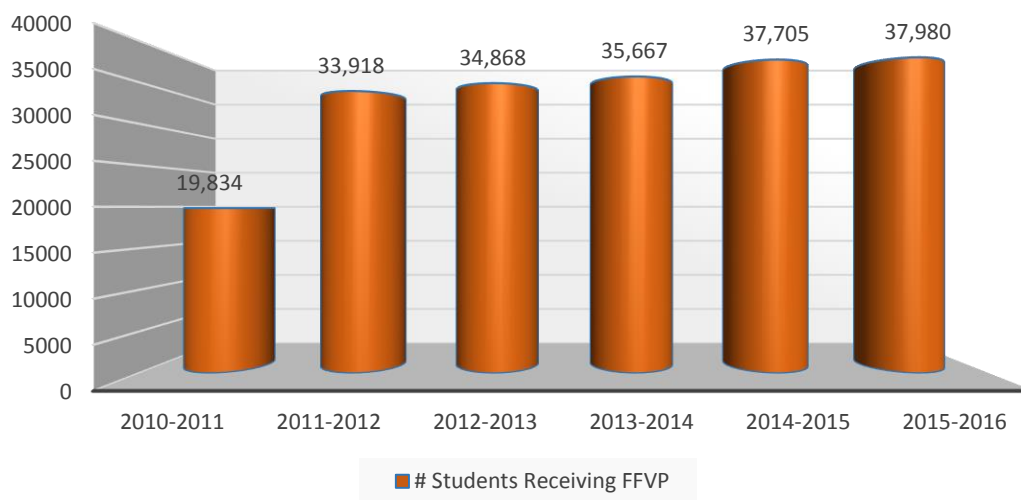
The program is geared towards elementary school with the highest proportion of free and reduced lunch enrollment, especially those at 50 percent and higher. A \$50 allocation per-student is awarded to schools that are selected to participate in the FFVP program.

The goal of the FFVP is to improve children's overall diet and create healthier eating habits to impact their present and future health. The FFVP will help schools create healthier school environments by providing healthier food choices, expanding the variety of fruits and vegetables children experience, and increasing children's fruit and vegetable consumption.

The program runs from July 1 to June 30 each year. Applications to participate in the program must be completed yearly.

	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015	2015-2016
Grant Funds	\$1,153,165	\$1,695,900	\$1,743,400	\$1,783,350	\$1,885,250	\$1,899,000
# Schools Participating	111	172	170	175	180	177
#Students Receiving FFVP	19,834	33,918	34,868	35,667	37,705	37,980

Students Receiving FFVP



SUMMER FOOD SERVICE PROGRAM

When school lets out, millions of low-income children lose access to the school breakfast, lunches and afterschool snacks they receive during the regular school year. The Summer Food Service Program fills in this gap and provides free meals and snacks to children who might otherwise go hungry.

The Summer Food Service Program (SFSP) provides free meals and snacks to low-income children through age 18 when school is not in session. Most SFSP sites are open to all the children in the community. Open sites are eligible if the site is located in an area where at least 50 percent of the children are from households that would be eligible for free or reduced priced school meals.

Other SFSP sites serve free meals and snacks only to those children enrolled in their programs. Enrolled sites are eligible for federal funds to serve all the children enrolled in the program if at least 50 percent of the children enrolled qualify for free or reduced-price schools meals.

Meals served through the SFSP must meet federal nutrition standards. In addition, many SFSP sites provide not just meals, but educational enrichment and recreational activities that help children continue to learn and stay safe when school is not in session. The meals provided through the Summer Food Service Program act as a magnet to draw children to these activities.

At most sites in North Dakota, children receive either one or two meals per day. Residential camps and sites that serve children from migrant households may be approved to serve up to three meals or two meals and one snack per day.

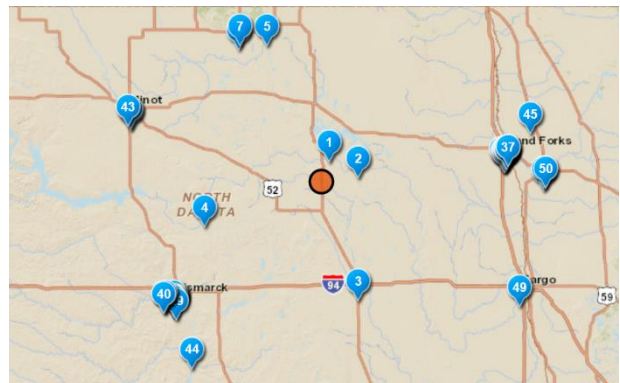
Total Program Expenditures 2015

Administrative Funding (local agency)	\$ 61,686
Meal Reimbursement	\$ 606,469

SFSP Sponsor Types

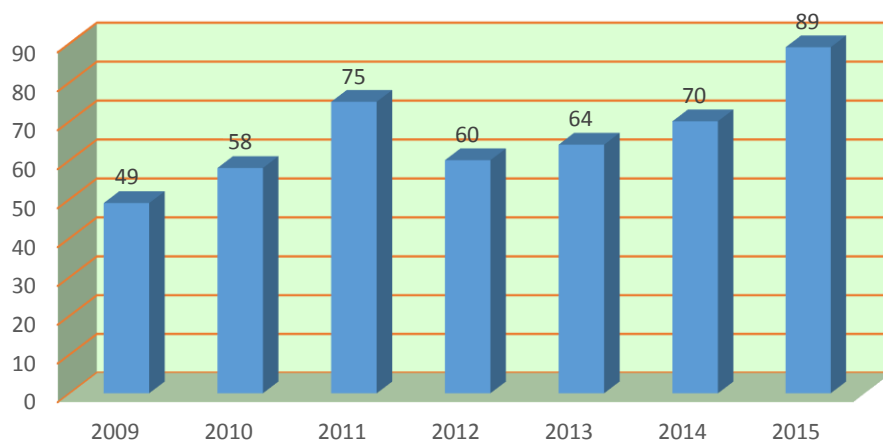
Migrant	3
Government	2
School	27
Private Non-Profit	10
Upward Bound	1
Total	43

Summer Meal Site Finder



<http://www.fns.usda.gov/summerfoodrocks>

Number Of Participating Sites



SFSP Statistics

Breakfast

	2013	2014	2015
	ADP / Meals Served	ADP / Meals Served	ADP / Meals Served
May	163 / 1407	244 / 3168	146 / 1473
June	1247 / 26107	1408 / 28892	1475 / 28743
July	760 / 14981	887 / 19155	825 / 16121
August	328 / 4819	562 / 8063	386 / 6227
TOTAL	2498 / 47314	3101 / 59278	2832 / 52564

Lunch

	2013	2014	2015
	ADP / Meals Served	ADP / Meals Served	ADP / Meals Served
May	196 / 1508	372 / 4209	146 / 1473
June	2677 / 59519	2882 / 68264	3591 / 70051
July	1742 / 32909	1799 / 39164	2693 / 58490
August	753 / 8746	1151 / 19185	1173 / 14839
TOTAL	5368 / 102682	6204 / 130822	7603 / 144853

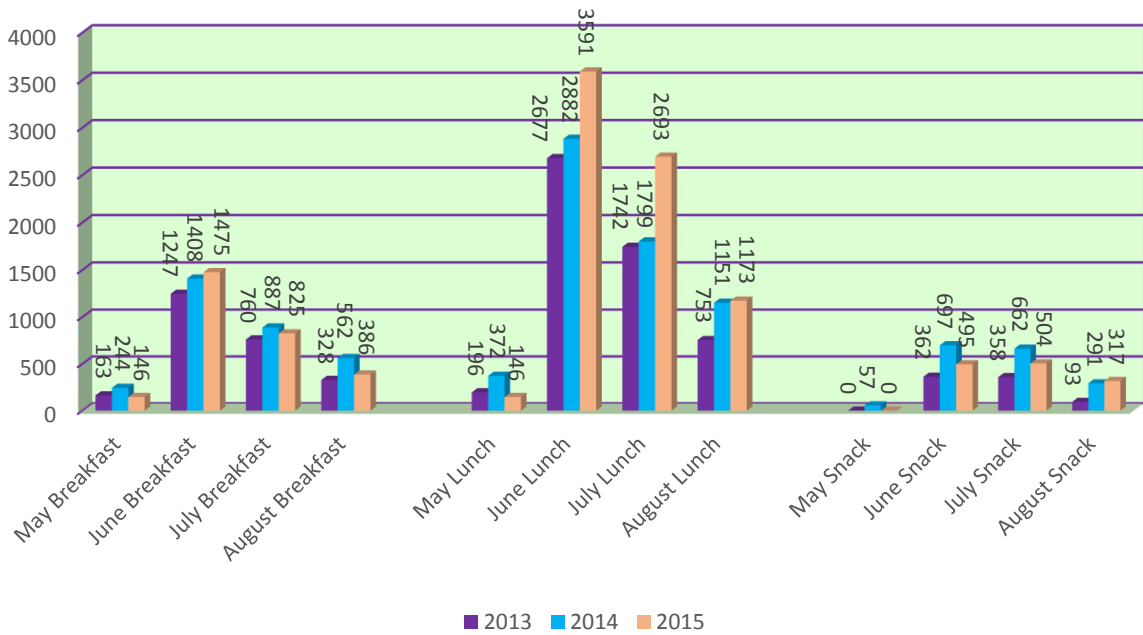
Snack

	2013	2014	2015
	ADP / Meals Served	ADP / Meals Served	ADP / Meals Served
May	0 / 0	57 / 285	0 / 0
June	362 / 6673	697 / 10465	495 / 9141
July	358 / 6957	662 / 13316	504 / 10483
August	93 / 1370	291 / 3893	317 / 3392
TOTAL	813 / 15000	1707 / 27959	1316 / 23016

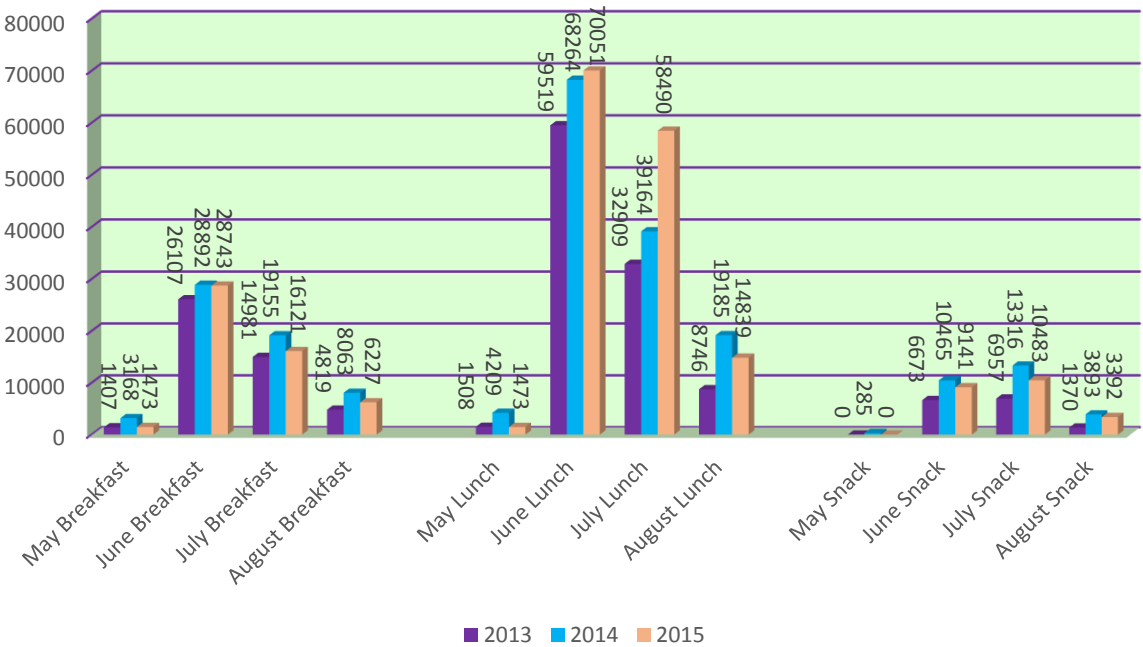
Supper

	2013	2014	2015
	ADP / Meals Served	ADP / Meals Served	ADP / Meals Served
May	0 / 0	0 / 0	0 / 0
June	44 / 1401	37 / 1343	56 / 1735
July	0 / 0	0 / 0	25 / 463
August	0 / 0	0 / 0	12 / 223
TOTAL	44 / 1401	37 / 1343	93 / 2421

SFSP Average Daily Participation



SFSP Number of Meals Served



INFANTS AND YOUNG CHILDREN

Child and Adult Care Food Programs

Infants and young children are served primarily through the Child and Adult Care Food Program. The Child and Adult Care Food Program (CACFP) plays a vital role in improving the quality of child care and making it more affordable for many low-income families. The CACFP provides nutritious meals and snacks to children and adults being cared for at family child care homes, child care centers, Head Start programs, school-age child care sites, and adult care centers.

The CACFP benefits children and adults in many ways:

- 🍏 Participating programs provide meals according to the nutrition standards set by USDA, ensuring that children and adults receive balanced, nutritious meals and snacks.
- 🍏 Studies show that children in the CACFP receive meals that are nutritionally superior to those served to children in child care centers without the CACFP.
- 🍏 The CACFP can help start good nutrition habits early in life.
- 🍏 The CACFP resources and training support communities by supporting child care.
- 🍏 Research cites participation in the CACFP as one of the major factors influencing quality care.
- 🍏 The CACFP is key to good nutrition and quality, affordable child care, which allows children to develop fully, prepares children to enter school ready to learn, and helps working families work.

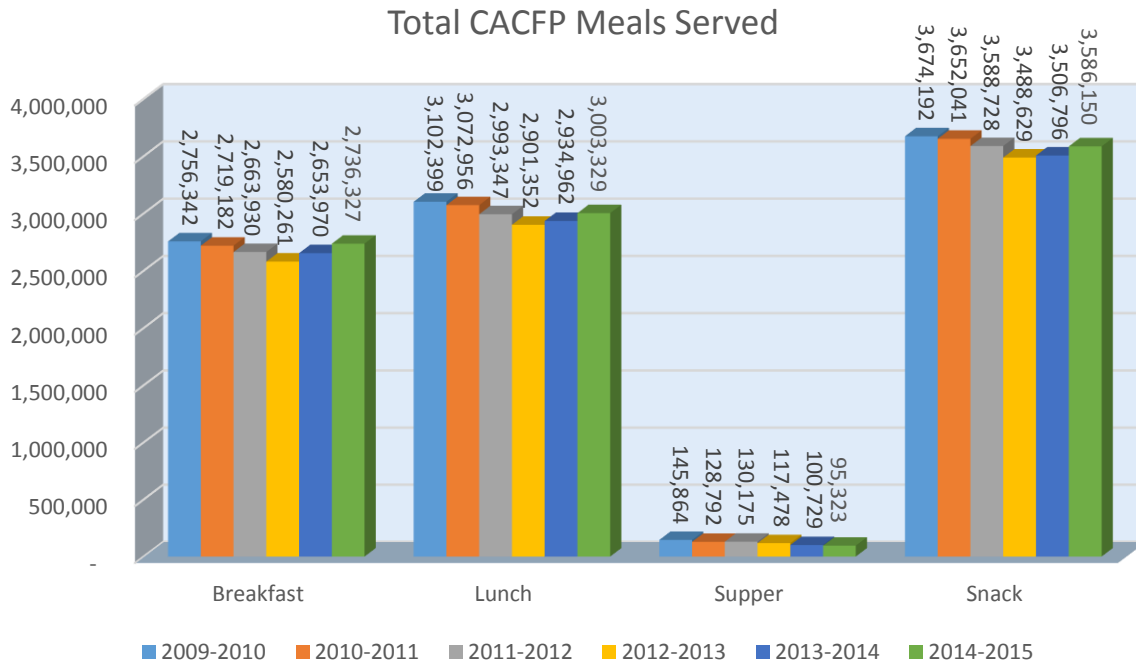
The CACFP is operated by public or private non-profit and private for-profit child care centers, afterschool programs, childcare homes, school programs, and other agencies. Public and private non-profit sponsoring organizations provide direct administration services for child care providers and are reimbursed for their administrative expenses.

Number of CACFP Meals Served Annually - Centers

	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015
Breakfast	1,030,880	1,013,876	1,017,897	1,020,127	1,069,086	1,143,148
Lunch	1,266,135	1,257,292	1,246,721	1,249,856	1,274,624	1,344,427
Supper	43,959	36,020	50,935	51,282	37,647	37,553
Snacks	1,506,077	1,527,736	1,562,852	1,581,174	1,617,520	1,691,284
Total	3,847,747	3,834,924	3,878,378	3,902,439	3,998,877	4,216,412

Number of CACFP Meals Served Annually – Family Child Care Homes

	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015
Breakfast	1,725,462	1,705,306	1,646,033	1,560,134	1,584,884	1,593,179
Lunch	1,836,264	1,815,664	1,746,626	1,651,496	1,660,338	1,658,902
Supper	101,905	92,772	79,240	66,196	63,082	57,770
Snacks	2,168,115	2,124,305	2,025,876	1,907,455	1,899,638	1,894,866
Total	5,831,746	5,738,047	5,497,775	5,185,254	5,207,942	5,204,717



Number of Agencies Participating in CACFP

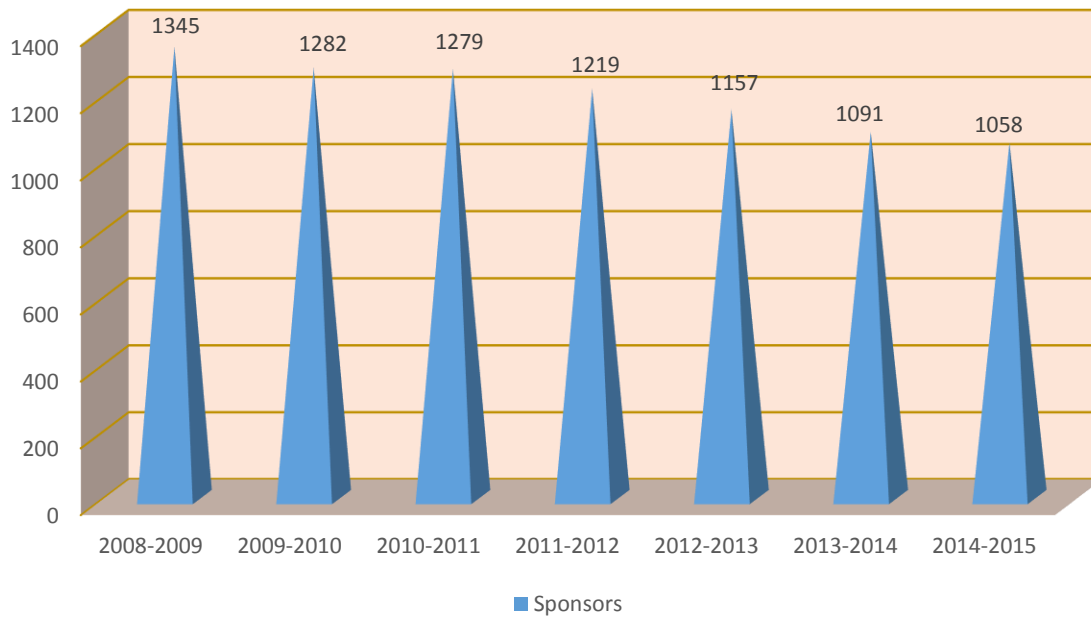
	Public	Private
Military	2	2
Tribal	2	2
Center	18	68
Head Start	9	5
Family Child Care Sponsors	2	3

Family Child Care Sponsors

	Average # Homes
Heartland Child Nutrition, Inc. (Bismarck)	485
Southeast ND Community Action Agency (Fargo)	315
Dakota Prairie Community Action Agency (Devils Lake)	35
NDC, Inc. (Minot)	199
ABC Child Care (Minot & Grand Forks Air Force Bases)	24

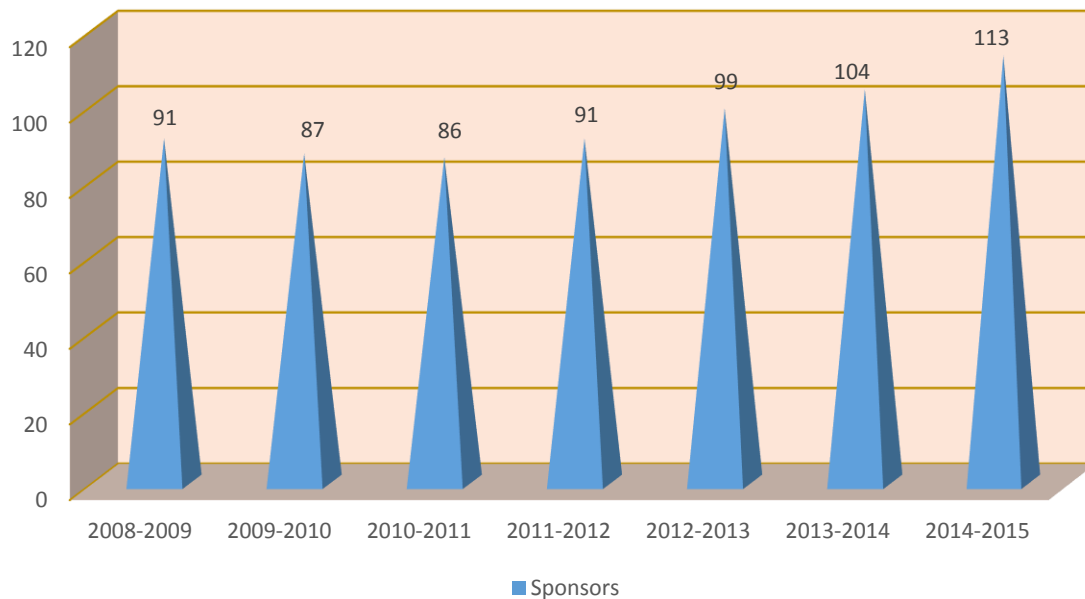


Number of Participating Homes



Total reimbursement for meals FY 2014-2015: **\$6,297,613.15**



Number of Participating Child Care Center Sponsors



Total reimbursement for meals FY 2014-2015: **\$3,050,076.22**




USDA FOOD DISTRIBUTION PROGRAMS

The distribution of USDA foods serves two purposes:





-  To strengthen the Nation's nutrition safety net by providing food and nutrition assistance to school children and families
-  To strengthen American agriculture

The household food distribution programs play a significant role in improving the nutritional status and food security of low income individuals. USDA foods are provided in household and institutional-sized packages that include vegetables and fruits, grains and cereals, meat and meat alternates, milk products, and staple foods. USDA foods are intended to supplement the foods purchased by individuals and households.

Three USDA food assistance programs available to income-eligible households:

-  The Emergency Food Assistance Program (TEFAP)
-  Food Distribution Program on Indian Reservations (FDPIR)
-  Commodity Supplemental Food Program (CSFP)

In addition to households receiving USDA foods through the FDPIR, TEFAP, and CSFP, children from infancy through teen years are also participants through school, child care, and summer programs that receive USDA food assistance.

-  School USDA Food Distribution Program (SCH)
-  Child and Adult Care Food Program (CACFP)
-  Charitable Institution Food Program (CI)
-  Summer Food Service Program (SFSP)

The Emergency Food Assistance Program (TEFAP)

USDA foods are distributed by Great Plains Food Bank to food pantries across the state under TEFAP. Great Plains Food Bank and five community action agencies are responsible for local administration of the program.

Agency	Office	Sites Served 2014-2015
Great Plains Food Bank	Fargo	89
Region I/VIII	Dickinson/Williston	14
Region II	Minot	6
Region IV	Grand Forks	2
Region V	Fargo	12
Region VI	Jamestown	1
	Total:	124

Food Distribution Program on Indian Reservations (FDPIR)

Participants in the FDPIR receive foods that are available as a monthly package. In fiscal year - 2014-2015, an average of 4,923 people participated in the FDPIR each month in North Dakota. Previously known as the Needy Family Program, this is the oldest of the USDA Food and Nutrition Service programs, going back to the Great Depression of the 1930s.

Commodity Supplemental Food Program (CSFP)

The CSFP provides a monthly food package to elderly persons with limited income. The program serves seniors age 60 and older who are at or below 130 percent of the poverty level. The program works to improve the health of seniors by supplementing their diets with nutritious USDA foods. It provides food and administrative funds to states to supplement the diets of these groups. Attention must be given to the nutritional needs of the growing number of elderly citizens in North Dakota.

On average, 1,867 seniors participated monthly in the CSFP in fiscal year 2014-2015. The average USDA value of a CSFP food package is \$20 per month per person. The USDA value is generally one half of retail value.

School USDA Food Distribution Program (SCH)

Schools participating in the National School Lunch Program receive a variety of USDA foods in institutional sizes. USDA foods must be of domestic origin, and nearly 60 percent of the food purchased for the Child Nutrition Programs by USDA must be determined by the Department to be in surplus at the time of purchase. USDA foods are intended to supplement the foods purchased by foodservice personnel.

Each school receives an entitlement amount which is based on the current per meal rate from USDA multiplied by 180 days multiplied by each school's average daily participation (ADP) from October of the previous year. Schools use their entitlement to purchase USDA foods that are offered by CNFD and also USDA foods available through manufacturers and distributors and fresh fruits and vegetables offered through the Department of Defense Fresh Fruits and Vegetable Program.

During Fiscal year 2014-2015, North Dakota schools allocated \$357,500 of their USDA food entitlement to the DoD FFVP and \$690,920 to further processed items from manufacturers purchased through local distributors.

During Fiscal year 2014-2015, the USDA per meal rate was \$0.2475 cents, which gave North Dakota an entitlement of \$4,507,176.

Child and Adult Care Food Program (CACFP)

Like the school USDA food distribution program, child care centers who participate in the Child and Adult Care Food Program are eligible to receive institutional-sized USDA foods. Unlike schools, child care centers who participate have the option of accepting USDA foods or cash-in-lieu of USDA foods. One North Dakota child care center participated in the program in 2014-2015. During Fiscal year 2014-2015, North Dakota had an entitlement of \$7,268. The total amount of cash-in-lieu paid to CACFP centers in 2014-2015 was \$331,237.

Summer Food Service Program (SFSP)

Organizations that are eligible to receive USDA food under this program must participate in the Summer Food Service Program (SFSP) which provides free meals and snacks to low-income children through age 18 when school is not in session. The primary purpose of the programs is to provide food service to children from needy areas during periods when area schools are closed for vacation. SFSP organizations are eligible to receive a portion of USDA food entitlement used to purchase USDA foods that are offered by CNFD. CNFD also offers bonus foods available at the time of distribution. During Fiscal year 2014-2015 North Dakota received an entitlement of \$3,291

Charitable Institution Food Program (CI)

Participants that are eligible to receive USDA food under this program must be public institutions or non-profit organizations that provide meal service on a regular basis and operate in the same place without marked changes such as emergency shelters, soup kitchens, hospitals, retirement homes, elderly nutrition projects, and adult correctional institutions that conduct rehabilitation programs for a majority of inmates. USDA foods available for this program are strictly non-entitlement/bonus items from USDA.



USDA Foods Online Resources:

A Harvest of Recipes with USDA Foods

<http://whatscooking.fns.usda.gov/sites/default/files/featuredlinks/HarvestofRecipes.pdf>

USDA Food Fact Sheets for NSLP

<http://www.fns.usda.gov/fdd/nslp-usda-foods-fact-sheets>

What's Cooking – USDA Mixing Bowl

<http://whatscooking.fns.usda.gov/>

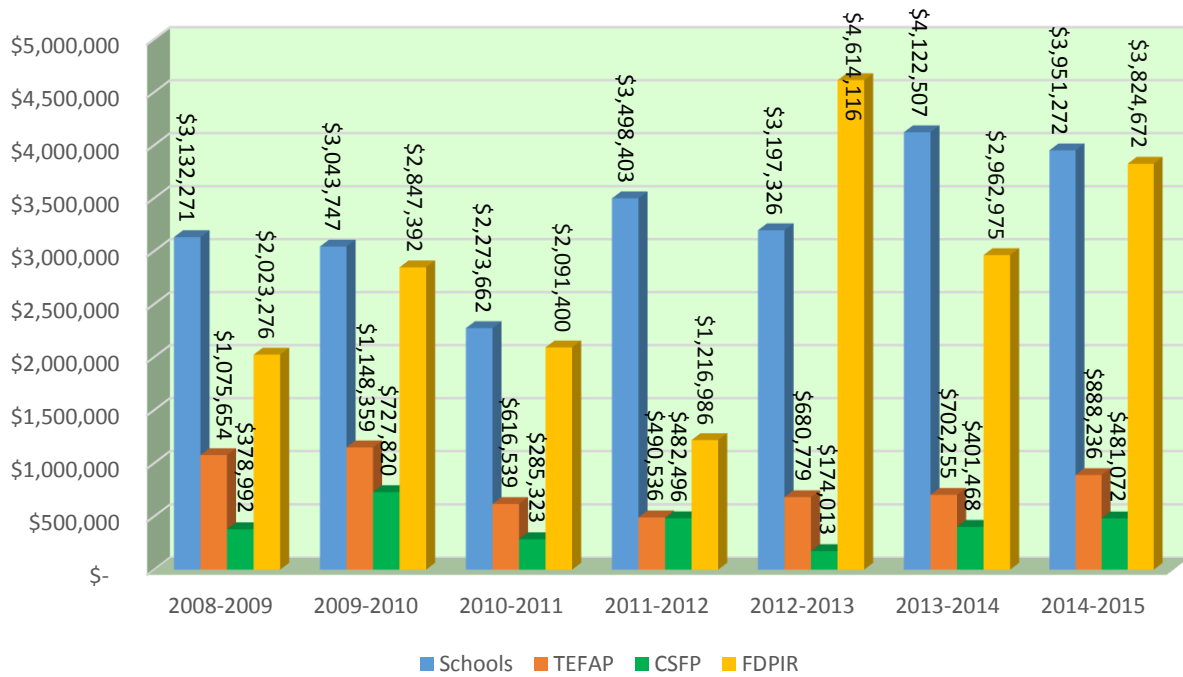
USDA Foods Processing: Frequently Asked Questions

<http://www.fns.usda.gov/fdd/usda-foods-processing-frequently-asked-questions>

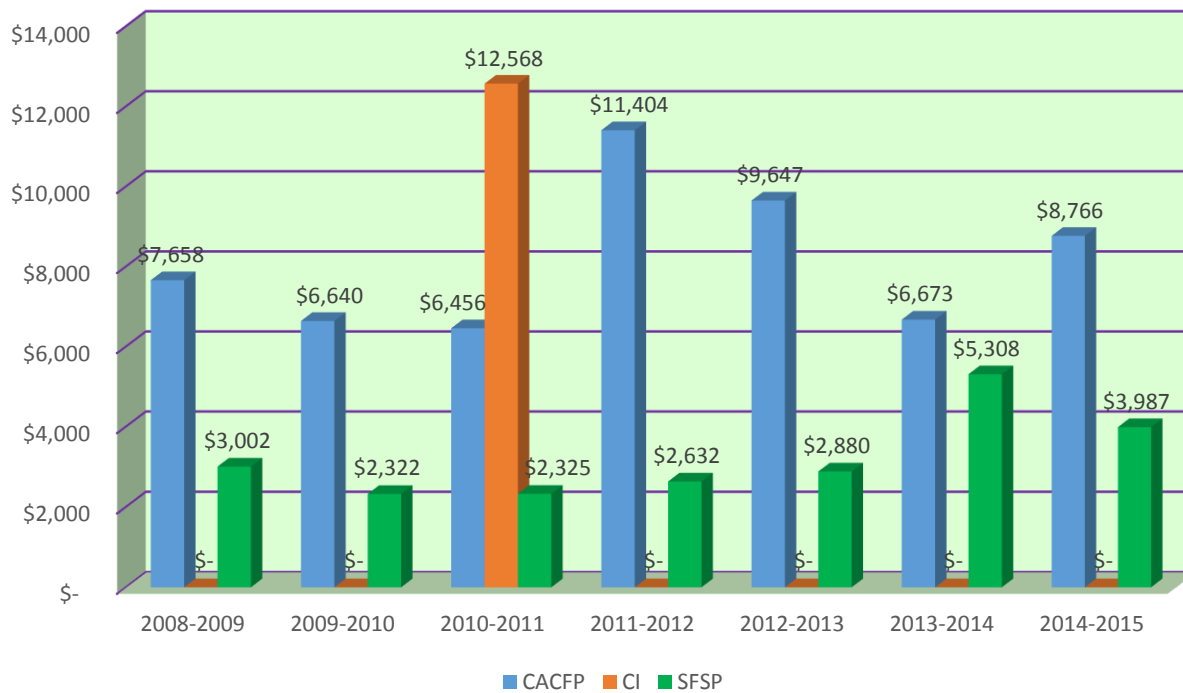
North Dakota Department of Public Instruction USDA Foods for Schools

<http://www.dpi.state.nd.us/child/fdp/resource.shtm>

USDA Food Purchases Over \$100,000



USDA Food Purchases Under \$100,000



Value of Food Distributed in Fiscal Year 2014-2015

(Includes Bonus USDA foods)

Local Agency Type	Value
CACFP	\$9,738
Charitable Institutions	\$0
CSFP	\$479,581
FDPIR	\$3,133,048
Schools	\$2,897,238
SFSP	\$48,451
TEFAP	\$50,027

Warehouse and Distribution Costs

The CNFD office contracts with a privately owned North Dakota business to warehouse and transport USDA foods for schools, FDPIR and CSFP. CNFD also contracts with Great Plains Food Bank to warehouse and transport USDA foods for TEFAP. Warehousing and transportation costs are supported by local and federal funds. During fiscal year 2014-2015, the cost to warehouse and distribute USDA food statewide was \$597,281.

North Dakota USDA Foods

USDA purchases various North Dakota products for nationwide distribution in the USDA food distribution programs. In fiscal year 2014-2015, these products were:

Product	Pack Size	Quantity Purchased (lbs.)	Value
POTATO BULK FOR PROCESS FRZ	Bulk	920,000	\$114,200
BEANS PINTO DRY BAG	25 LB	160,000	61,360
BEANS PINTO DRY TOTE	2000 LB Bulk	220,000	74,800
WHOLE GRAIN PASTA ROTINI MAC	20 LB	196,000	91,649
WHOLE GRAIN PASTA ROTINI MAC	20/1 LB	2,142,000	1,090,073
WHOLE GRAIN PASTA MACARONI	20 LB	80,000	40,504
WHOLE GRAIN PASTA MACARONI	24/1 LB	816,000	370,733
WHOLE GRAIN BLEND MACARONI	20 LB	560,000	241,512
WHOLE GRAIN BLEND ROTINI MAC	20 LB	560,000	257,572
WHOLE GRAIN BLEND PENNE CTN	2/10 LB	378,000	161,818
WHOLE GRAIN SPAGHETTI CTN	20 LB	160,000	67,588
WHOLE GRAIN SPAGHETTI PKG	12/2 LB	4,732,800	1,894,184
PASTA SPAGHETTI BOX	20/1 LB	1,950,400	780,160
WHOLE GRAIN BLEND SPAGHETTI	20 LB	1,240,000	503,272
SUNFLOWER SEED BUTTER	6/5 LB	517,440	1,075,011
K SUNFLOWER SEED BUTTER	6/5 LB	36,960	76,174
MACARONI & CHEESE PKG	48/7.25 OZ	793,962	\$568,125
EGGNOODLE 1/2 INCH WIDE PKG	12/1 LB	437,760	414,097
TOTAL		15,901,322	\$7,882,837

How *USDA Foods* Have Improved to Support the National School Lunch and School Breakfast Program Meal Pattern Requirements



	USDA Food	Serving	Calories	Sodium (mg)
Old	Beans, Canned, Kidney, #10	1/2 Cup	109	436
New	Beans, Canned, Kidney, Low-sodium #10	1/2 Cup	104	140
				-296
Old	Beans, Canned, Black, #10	1/2 Cup	109	461
New	Beans, Canned, Black, Low Sodium, #10	1/2 Cup	120	140
				-321
Old	Corn, Whole Kernel, Canned, #10	1/2 Cup	66	175
New	Corn, Whole Kernel, Canned, Low Sodium, #10	1/2 Cup	65	15
				-160
Old	Beans, Green, Canned #10	1/2 Cup	14	177
New	Beans, Green, Canned, Low Sodium, #10	1/2 Cup	16	140
				-37
Old	Tomatoes, Diced, Canned, #10	1/2 Cup	25	220
New	Tomatoes, Diced, Canned, No Salt Added, #10	1/2 Cup	25	15
				-205

Nutrients	Requirements		How USDA Foods Supports Requirements
Sodium	Target I: SY 2014-15		USDA offers fresh, frozen, and dried vegetable and meat options with no salt added. Canned vegetables and beans are all low-sodium. Meats and cheeses have been reformulated to lower sodium levels where possible to help schools meet the SY 2014-2015 sodium targets.
	Lunch	Breakfast	
	≤1230mg (K-5) ≤1360mg (6-8) ≤1420mg (9-12)	≤540mg (K-5) ≤600mg (6-8) ≤640mg (9-12)	

How *USDA Foods* Have Improved to Support the National School Lunch and School Breakfast Program Meal Pattern Requirements



	USDA Food	Serving	Calories	Sugar (g)
Old	Applesauce, Canned, Sweetened, #10	1/2 Cup	97	21
New	Applesauce, Canned, Unsweetened, #10	1/2 Cup	51	13
			-46	-8
Old	Peaches, Canned, Sliced, #10	1/2 Cup	68	17
New	Peaches, Canned, Sliced, Extra Light Syrup, #10	1/2 Cup	53	13
			-15	-4
Old	Peaches, Frozen, Diced, Single Serve, 4.4 oz.	1/2 Cup	118	28
New	Peaches, Frozen, Diced, Single Serve, 4.4 oz.	1/2 Cup	80	16
			-38	-12
Old	Strawberry, Frozen, Diced, Single Serve, 4.5 oz.	1/2 Cup	122	31
New	Strawberry, Frozen, Diced, Single Serve, 4.5 oz.	1/2 Cup	80	16
			-42	-15

	Requirements		How USDA Foods Supports Requirements
Calorie Content	Target I: SY 2014-15		USDA offers a variety of nutrient-dense foods with minimal added ingredients. Product formulations are low in solid fat and added sugar, thus providing fewer discretionary calories
	Lunch ≤550-650 (K-5) ≤600-700 (6-8) ≤750-850 (9-12)	Breakfast ≤350-500 (K-5) ≤400-550 (6-8) ≤450-600 (9-12)	

NUTRITION PROFESSIONALS

The professionals who plan and prepare nutritious meals and snacks have a profound impact on the children they serve. The CNFD office supports these individuals by providing training for the multitude of skills needed to manage a nutrition program. Professional development activities include:

- 🍏 Sanitation Update in person or online
- 🍏 Directions newsletter for school nutrition personnel
- 🍏 Round Up newsletter for child care personnel
- 🍏 One-on-one consultations and technical assistance
- 🍏 Mentoring program
- 🍏 Site visits
- 🍏 Back-to-School workshops
- 🍏 CACFP mandatory training

In 2014-2015 **538** nutrition professionals attended training

Online Training Offered

- 🍏 Sanitation (SAN)
- 🍏 SAN Update
- 🍏 SFSP
- 🍏 FFVP
- 🍏 Direct Certification

The Healthy Hunger-Free Kids Act of 2010 required USDA to update the school meal nutrition standards to reflect the most current dietary science. CNFD and our allied partners are committed to teaching from scratch cooking skills to achieve the nutrition standards for saturated fat and sodium. Culinary classes were conducted by a chef and dietitian team. Ten Culinary Skills Trainings were taught during school year 2014-2015, where **117** nutrition professionals attended.








Additional 6 Cent Reimbursement

The Healthy Hunger Free Kids Act of 2010 provides schools participating in the NSLP an additional reimbursement of 6 cents per lunch for School Food Authorities who are in compliance with the new meal pattern. In the 2014-2015 school year, **all 209** districts participating in the NSLP were certified to receive the additional 6 cents.

On-site technical assistance visits were provided to **14** school districts to assist them with the new meal pattern requirements.

SCHOOL AND PROGRAM ADMINISTRATORS

Our office strives to provide the best possible customer service to local school program administrators. Assistance is available through:

-  Site visits
-  Formal training
-  Administrative Update newsletter
-  Interactive web site
-  Telephone and email consultation

Our staff works hard to provide leadership and new ideas in program administration, nutrition, and other areas. This is done in order to expand and improve operations at all levels. We take this leadership role very seriously.

HEALTHY SCHOOLS

Team Nutrition

Team Nutrition (TN) is a USDA initiative to support Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for teachers, children and their caregivers, and school and community support for healthy eating and physical activity. Team Nutrition's goal is to improve children's lifelong eating and physical activity habits by using the principals of the *Dietary Guidelines for Americans* and *My Plate*. More information on TN and several resources are available on the TN website at www.teamnutrition.usda.gov.

Team Nutrition funding to states is received through competitive USDA grants. North Dakota Child Nutrition Programs has a long history of receiving TN grants since they were first offered in 1995. Thirteen grants totaling over 3.1 million dollars from 1995 through 2015 have supported the development of extensive services in nutrition education and foodservice training. The USDA TN grants awarded to North Dakota in 2013 and 2014 will be completed in September 2016 and had three major goals:

1. Educate staff to encourage children to try foods and create a fun and inviting eating environment through the Smarter Lunchroom and Comfortable Cafeteria Movement.
2. Provide training for child nutrition foodservice staff on implementing the 2010 *Dietary Guidelines for Americans* (DGAs), applying for the Healthier US Challenge (HUSSC), meeting the requirements for the school meal patterns mandated by the Healthy Hunger Free Kids Act of 2010 (HHFKA) maximizing the use of USDA foods.
3. Provide training on the importance of breakfast and its positive impact on learning and improved concentration and promote participation in the School Breakfast Program (SBP).

To achieve the goals and objectives for the TN grants the following activities were implemented during the 2014-2015 school year:

- Sessions on promoting school breakfast, maximizing the use of USDA Foods, and managing special diets were presented in June at the North Dakota School Nutrition Association meeting. Over 150 school foodservice personnel attending that meeting.
- 22 childcare personnel attended CACFP culinary trainings which were held in Fargo and Bismarck.
- Back to School workshops were held in Bismarck, Fargo, Minot and Grand Forks. A total of 449 school food service personnel attended these meetings.
- Smarter Lunchroom Movement trainings were held in conjunction with the Back to School workshops. Foodservice personnel were taught marketing strategies and tips for encouraging students to choose healthier options.
- Culinary trainings were held for school foodservice personnel in 10 locations across North Dakota. These trainings were taught by a chef and registered dietitian team and were supported with the partnership of North Dakota Regional Educational Associations (REAs).
- A total of \$13,500 in TN sub-grants were awarded to CACFP centers to conduct nutrition education activities.
- A total of \$25,000 in TN sub-grants were awarded to Regional Education Cooperatives (REAs) to conduct local wellness policy updates, evaluation, training and nutrition education activities.



REIMBURSEMENT RATES 2014-2015

SCHOOL NUTRITION PROGRAM REIMBURSEMENTS

	NSLP + .06	SBP	ASP	SN
Free	\$3.04	\$1.62	\$0.82	\$1.93
Reduced Price	\$2.64	\$1.32	\$0.41	\$1.63
Full Price	\$0.34	\$0.28	\$0.07	\$0.28

SUMMER FOOD SERVICE PROGRAM REIMBURSEMENTS

Breakfast	\$1.89
Lunch/Supper	\$3.30
Snacks	\$0.77

ADMINISTRATIVE REIMBURSEMENTS

Rural Self- Preparation Site		Other Sites	
Breakfast	\$0.1875	Breakfast	\$0.1475
Lunch/Supper	\$0.3450	Lunch/Supper	\$0.2875
Snacks	\$0.0950	Snacks	\$0.0750

CHILD AND ADULT CARE CENTER REIMBURSEMENTS

	Paid	Reduced	Free
Breakfast	\$0.28	\$1.32	\$1.62
Lunch/Supper	\$0.28	\$2.58	\$2.98
Snacks	\$0.07	\$0.41	\$0.82

FAMILY CHILD CARE HOME REIMBURSEMENTS

	<u>Tier I</u>	<u>Tier II</u>
Breakfast	\$1.31	\$0.48
Lunch/Supper	\$2.47	\$1.49
Snacks	\$0.73	\$0.20

FCCCH Sponsor Administrative Reimbursements - per home, per month

1-50 Homes	\$111
Next 150 Homes	\$ 85
Next 800 Homes	\$ 66
Additional Homes	\$ 58

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov.

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